| GRADE FOUR TIME TABLE 2017-2018 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Time | Mins | Monday | Tuesday | Wednesday | Thursday | Friday |
| 8:30-8:45 | 15 | DEVOTION | DEVOTION | DEVOTION | DEVOTION | DEVOTION |
| 8:45-9:15 | 30 | Reading 4G, 4J <br> Mathematics 4CF, 4S | Reading | Mathematics 4CF, 4S Resource \& Tech. 4J, 4G | Mathematics | Reading |
| 9:15-9:45 | 30 | Language Arts 4G, 4J Mathematics 4CF, 4S | Language Arts | Mathematics 4CF, 4S Information Technology 4G Drama 4J | Mathematics | Spanish |
| 9:45-10:15 | 30 | Language Arts | Mathematics | Reading 4CF, 4S <br> Mathematics 4G, 4J | Language Arts | Language Arts |
| 10:15-10:30 | 15 | B | $\mathbf{R}$ | $E$ | $\mathbf{A}$ | K |
| 10:30-11:00 | 30 | Guidance 4CF Lang. Arts 4S Mathematics 4G, 4J | Mathematics 4G, 4J,4S Information Technology 4CF | Resource \& Tech. 4CF, 4S Mathematics 4G, 4J | Language Arts | Language Arts |
| 11:00-11:30 | 30 | Mathematics 4G, 4J Language Arts 4CF Guidance 4S | Mathematics 4CF <br> Library 4S <br> Language Arts 4G, 4J | Language Arts | Physical Education 4CF/4S Literacy Practise 4CF/4S Drama 4G Civics 4J | Mathematics |
| 11:30-12:00 | 30 | HFLE 4J, 4CF, 4S Guidance 4G | Information Technology 4J <br> HFLE 4G <br> Language Arts 4CF, 4S | Language Arts 4G, 4CF, 4S Library 4J | Physical Education 4CF/4S <br> Literacy Practise 4CF/4S <br> Civics 4G Guidance 4J | Mathematics |
| 12:00-1:00 | 60 | $L$ | $\mathbf{U}$ | $\mathbf{N}$ | $\mathbf{C}$ | H |
| 1:00-1:30 | 30 | Religious Education | Physical Education 4G/4J <br> Science 4CF, 4S <br> Literacy Practise 4G/4J | Language Arts 4J <br> Social Studies 4CF, 4S, 4G | Science | Visual Arts |
| 1:30-2:00 | 30 | Religious Education | Physical Education 4G/4J <br> Literacy Practise 4G/4J Science 4CF, 4S | Social Studies 4CF, 4S, 4J Library 4G | Science | Music |
| 2:00-2:30 | 30 | Social Studies | Science 4G, 4J Library 4CF Information Technology 4S | Social Studies 4G, 4J Civics 4CF, 4S | Religious Education | Journal Writing |
| 2:30-3:00 | 30 | Social Studies | Science 4G, 4J Drama 4S, 4CF | Common Planning Time | Religious Education | Clubs and Societies |

## Home Work Tips:

Children are more successful in school when parents or guardians take an active interest in their homework - it shows children that what they do is important.
Of course, helping with homework shouldn't mean spending hours hunched over a desk. Parents or Guardians can be supportive by demonstrating study and organization skills, explaining a tricky problem, or just encouraging kids to take a break. And who knows? Parents might even learn a thing or two!

Here are some tips to guide the way:

1. Get to know the teachers - and what they're looking for. Attend school events, such as Parent-Teachers Association (PTA) meetings to meet your child's teachers. Ask about the homework policies and how you should be involved.
2. Set up a homework-friendly area at home. Make sure children have a well-lit place to complete homework. Keep supplies - paper, pencils, glue, scissors within reach.
3. Schedule a regular study time. Some children work best in the afternoon, following a snack and play period; others may prefer to wait until after dinner.
4. Help them make a plan. On heavy homework nights or when there's an especially hefty assignment to tackle, encourage your child to break up the work into manageable chunks. Create a work schedule for the night if necessary - and take time for a 15 -minute break every hour, if possible.
5. Keep distractions to a minimum. This means no TV, loud music, games or phone calls. (Occasionally, though, a phone call to a classmate about an assignment can be helpful.)
6. Make sure kids do their own work. They won't learn if they don't think for themselves and make their own mistakes. Parents can make suggestions and help with directions. But it's a child's job to do the learning.
7. Be a motivator and monitor. Ask about assignments, quizzes, and tests. Give encouragement, check completed homework, and make yourself available for questions and concerns
8. Set a good example. Do your kids ever see you diligently balancing your budget or reading a book? Kids are more likely to follow their parents' or guardians' examples than their advice.
9. Praise their work and efforts. Post a test that they did well or an art project on the refrigerator. Mention academic achievements to relatives.
10.If there are continuing problems with homework, get help. Talk about it with your child's teacher. Some kids have trouble seeing the board and may need glasses; others might need an evaluation for a learning problem or attention disorder.
